# Important Note

Not all Health Reimbursement Arrangements (HRAs) allow for reimbursement of premiums. To check if premiums are eligible for reimbursement from your HRA, review your Plan Highlights. You can also view your Account Type from the MidAmerica Journey portal homepage once you log in. Descriptions of Journey Account Types are provided below.

## **Account Types in MidAmerica Journey**

Depending on your unique plan design, one or more of the below account types will display in the Accounts section of your portal homepage.

## Available: Full Medical or Available: Medical and Post-Tax

Once logged into MidAmerica Journey, if your account is named **Available: Full Medical** or **Available: Medical and Post-Tax Premiums**, your eligible expenses include:

- Full 213(d) Expenses
- Post-Tax Premiums

## **Available: Premiums**

Once logged into MidAmerica Journey, if your account is named **Available: Premiums**, your eligible expenses include:

• Post-Tax Premiums

## **Available: Medical (No Premiums)**

Once logged into MidAmerica Journey, if your account is named **Available: Medical (No Premiums)**, your eligible expenses include:

• Full 213(d) Expenses

## Unavailable

An Unavailable account means that you currently do not have access to funds based on either your plan's vesting schedule, your employment status, or a combination of the two. For additional details on your plan design, contact our Participant Services team at (855) 329-0095 or email us at healthaccountservices@myMidAmerica.com.

## **HRA Premium Process**

Understanding Health Reimbursement Arrangement Premium Reimbursement Process

The premium reimbursement process may seem overwhelming at times, but we're here to help you understand the compliance requirements and timing so you can rest assured your request is being processed as quickly as possible.

## **Premium Documentation Examples**

In order to comply with Internal Revenue Services (IRS) regulations and to properly handle the funds in your plan, supporting documentation for premium expenses must include:

- Name of covered individual
- Premium type
- Premium amount
- Effective date of coverage
- Name of provider

If you are requesting reimbursement of a long-term care premium, you must also provide proof of payment (in addition to the items listed above.) Long-term care premiums cannot be set up for recurring reimbursements due to IRS annual limitations based on the year in which the payment was made. For this reason, proof of payment is required for all long-term care claims.

To help you further understand what this documentation looks like, we've provided examples of common pieces that can satisfy IRS substantiation requirements.

ABC SCHOOL DISTRICT
Month DD, YYYY
Sally Sample 123 Sample Street City, State 12345
Dear Sally, Please include this letter with your premium reimbursement request with MidAmerica.
Beginning Month DD, YYYY and ending Month DD, YYYY, your monthly insurance premiums are as follows:
Dental—Employee \$60.00 Total Premium \$60.00 Please contact me if you have any questions.
Sincerely,
Jane Doe Benefits Administrator (XXX) XXX-XXXX
ABC SCHOOL DISTRICT

## Letter from the Employer

Your employer can supply you with a letter (on employer letterhead) that includes the necessary information. For an example of this, see the letter to the left. The highlighted area contains the necessary information to properly adjudicate the reimbursement request.

#### Your New Benefit Amount

#### BENEFICIARY'S NAME: SALLY SAMPLE

Your Social Security benefits will increase by 1.6% in YYYY because of a rise in the cost of living. You can use this letter as proof of your benefit amount if you need to apply for food, rent, or engery assistance. You can also use it to apply for bank loans or for other business. Keep this letter with your important financial records.

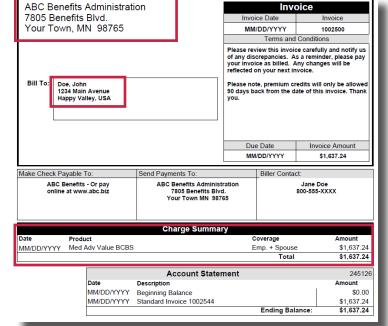
w Much Will I Get And When? Your monthly amount (before deduction) is	\$1,500,00
The amount we deduct for Medicare Medical Insurance is	\$140.00
(If you did not have Medicare as of Month DD, YYYY, or	
if someone else pays your premium, we show \$0.00)	
The amount we deduct for your Medicare Prescription Drug Plan is	\$0.00
(We will notify you if the amount changes in YYYY. If you did not	
elect withholding as of Month DD, YYYY, we show \$0.00)	
The amount we deduct for voluntary Federal tax withholding is	\$0.00
(If you did not elect voluntary tax witholding as of	
Month DD, YYYY, we show \$0.00)	
After we take any other deductions, you will receive	\$1,360.00
on or about Month DD, YYYY.	

If you disagree with any of these amounts, you must write to us within 60 days from the date you receive this letter. Or visit www.ssa.gov/non-medical/appeal to appeal online. We would be happy to review the amounts.

If you receive a paper check and want to switch to an electronic payment, please visit the Department of Treasury's Go Direct website at www.godirect.org online.

### Award Letter

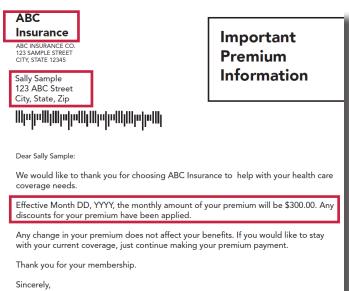
The award letter that you receive from the Social Security Administration showing the amount deducted for Medicare Medical Insurance is also an acceptable form of documentation and contains the need-to-know information highlighted in the example to the left.



## **Premium Invoice**

ABC Insurance

The premium invoice you receive from your insurance provider also provides the information we need to substantiate the reimbursement request according to IRS guidelines.



### **Premium Notice**

The premium notice letter that you receive from your insurance provider also includes the information we need to substantiate the reimbursement request according to IRS guidelines.

## **Recurring Premium Reimbursement**

How-To and Example Timeline



## How to establish your recurring premium reimbursement

- Log into your account at **www.myMidAmericaJourney.com**.
- Select **Submit a Claim** from the **I Want To** section to begin the claims submission process.
- Select **Me** from the **Pay To** dropdown. Recurring premium claims can only be made payable to you. You can submit a one-time payment request to an insurance provider or merchant.
- Next, you'll be prompted to upload the appropriate documentation, as outlined on pages 1 and 2.
- From the Claim Details screen, be sure to select to check the box next to **Set up a recurring claim for this expense**. Simply follow the remaining system prompts to complete your claim request.

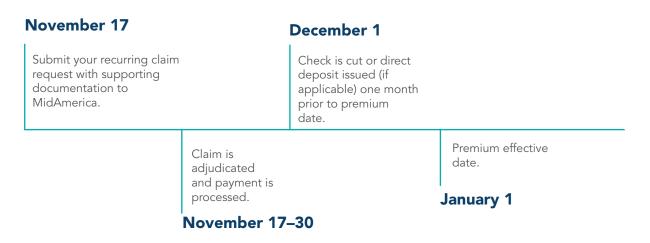
*Important note!* Recurring reimbursement requests and documentation should be received at least six weeks before the premium effective date. If your request is received after the start of your new policy year, we will process a lump-sum catch-up payment for any months not paid according to our normal monthly payment schedule. You will then receive monthly payments through the remainder of the coverage period.



## **Recurring Premium Reimbursement Timing**

The Internal Revenue Service (IRS) allows monthly premiums to be paid one month in advance—but not any earlier. For example, lump-sum annual claims cannot be paid at the beginning of the plan year because payment would be more than one month prior to the monthly premium period. The good news is by issuing your premium payment the month before it's due means no out-of-pocket payments on your end! To help you better understand the reimbursement timeline, we've provided a sample timeline below based on a recurring premium reimbursement request for coverage that begins January 1. Please note recurring premium reimbursements can only be set up for a maximum of 12 months.

## Sample timeline



**Important note!** Based on our processing timelines, it's important to remember that you will receive the final payment for your policy year the month before your policy expires. Using the January 1 effective date example above, your final payment would be issued in November to cover December's premium period.