

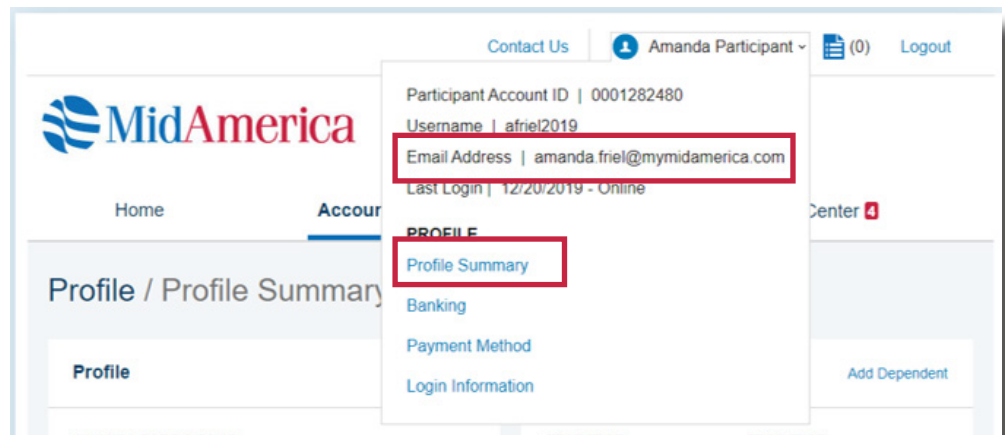
How to Update Your Email Address

You're able to view and update your email address online at any time. Having a valid email address on file allows you to not only take advantage of things like E-Statements, but helps MidAmerica share need-to-know plan information and education opportunities with you quickly.

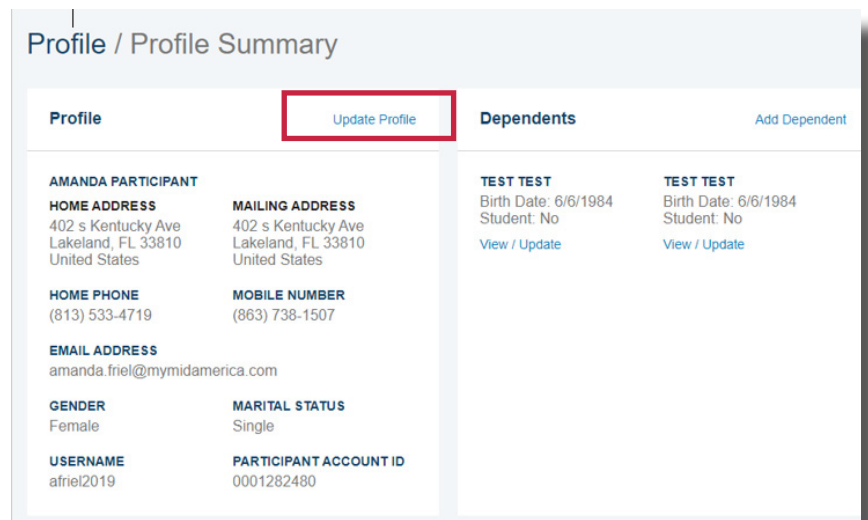
Let's get started.

Log into your account at www.myMidAmericaJourney.com. If it's your first time accessing your plan online, establish your login credentials from the **First Time Here** area of the login screen.

Select your name in the top right-hand corner to view the email address that's currently on file. If you need to update your email address, select **Profile Summary**.



Next, select **Update Profile**. From here you can add or edit your email address.



If you have questions, call us at [\(855\) 329-0095](tel:855-329-0095) or email us at healthaccountservices@myMidAmerica.com.